



2024

HONG KONG LACROSSE OPEN

Thank you for your interest in the Hong Kong Open!

The China Hong Kong Lacrosse Association is proud to host the 9th annual Hong Kong Lacrosse Open. With lacrosse growing rapidly around the world, HKLA looks forward to hosting the best teams in the World. It will feature 6 Men's teams and 8 Women's teams, competing in several stages of "round robin" play, which will culminate with a playoff between the tournament's best teams.

Often called "Asia's World City," Hong Kong offers breathtaking views, vibrant nightlife, and world-class cuisine. HKLA invites you to explore this magnificent city and compete in one of the world's most unique lacrosse events.

If you have any questions about the tournament please do not hesitate to contact us at hkopen@hklax.org



TOURISM INFORMATION



HONG KONG INTERNATIONAL AIRPORT



Airport Express

The Airport Express takes passengers to Kowloon in 20 minutes and to Central in just 24 minutes.



Airport Bus

Buses leave regularly from the Airport Bus Terminal to both Hong Kong Island and Kowloon Peninsula.



Taxi

Taxis run throughout Hong Kong, including the airport (except Tung Chung Road and Roads in south Lantau)




Coach

The private takes passengers to Kowloon in 25 minutes and to Central in just 30 minutes.

VENUES



HKU Stanley Ho Sports Centre



HKU Stanley Ho Sports Centre Complex

香港大學何鴻燊體育中心

4.2 (500)

Sports complex

Overview

Reviews

About

Directions

Save

Nearby

Send to phone

Share

10 Sha Wan Dr, Pok Fu Lam

Open · Closes 10:30 pm

cse.hku.hk

2819 5450

748F+XW Pok Fu Lam

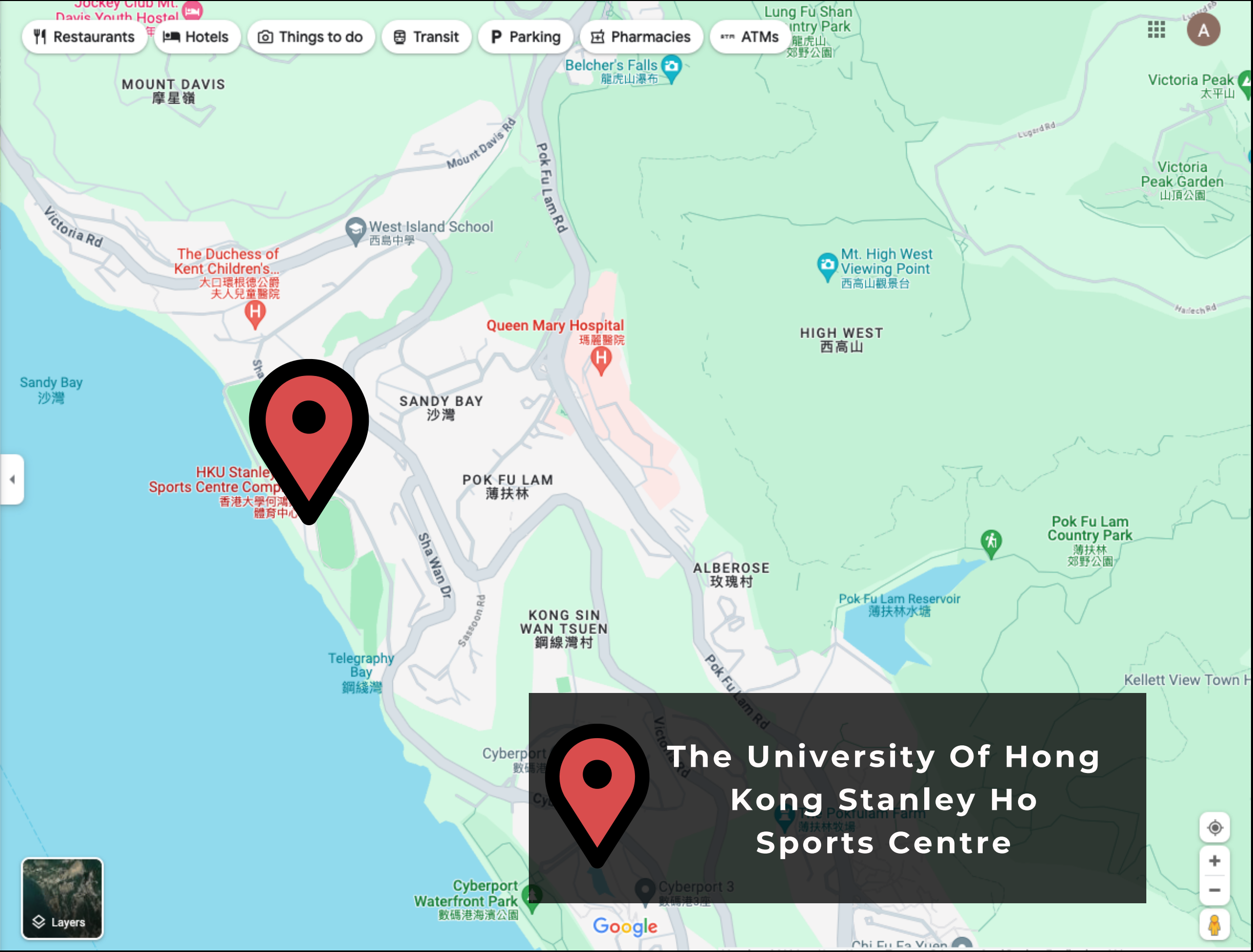
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Add a label

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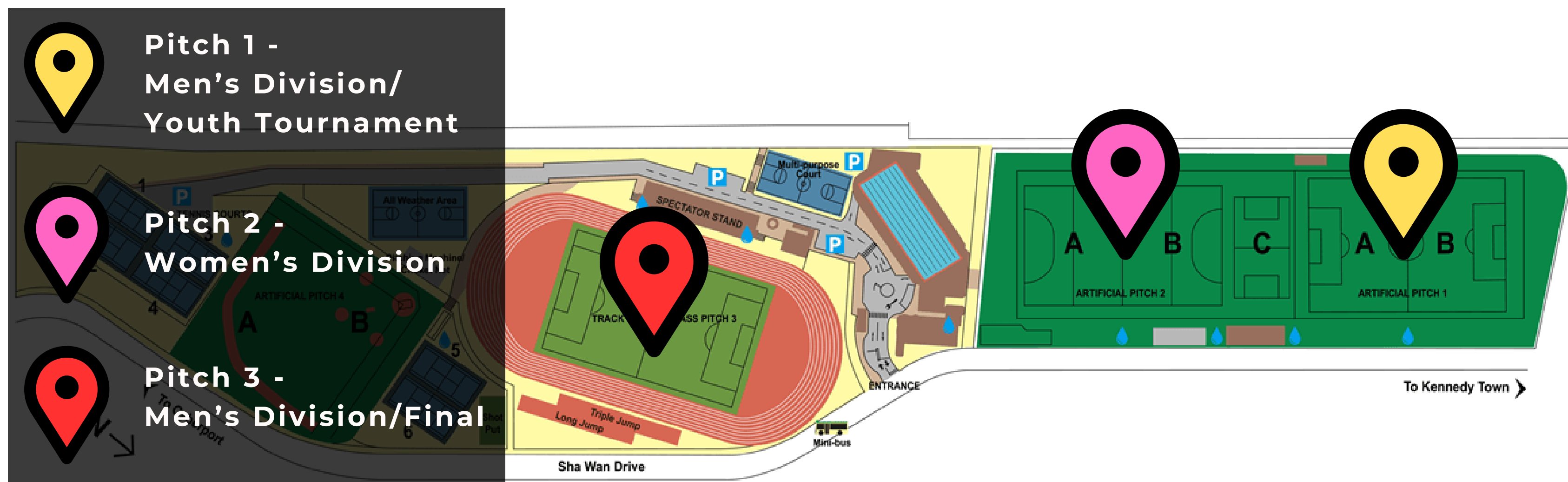
RestaurantsHotelsThings to doTransitParkingPharmaciesATMs



The University Of Hong Kong Stanley Ho Sports Centre



HKU STANLEY HO SPORTS CENTRE



PITCH 1

Men's Division - Group Game
Youth Tournament

Grass : Artificial Turf
Dimension : 90.6m x 68.2m

PITCH 2

Women's Division - Group Game /
Semi Final

Grass : Artificial Turf
Dimension : 124.75m x 68.7m



Changing Room



PITCH 3

Men's Division - Group

Game / Final

Women's Final

Prize Presentation

Grass : Real Turf

Dimension : 80m x 58m

Seating capacity of spectator
stand : around 800

Live Streaming for final



	Pitch 1	Pitch 2	Pitch 3
First Aid Support	At Least 2 persons	At Least 2 persons	At Least 2 persons
Physiotherapy	1 person	1 person	1 person
ICE	YES	YES	YES
Stretching Area	YES	YES	YES
Changing Room	YES	YES	YES

GAMES FORMAT



MEN'S GAME

**Rules: World Lacrosse 2021-2023 Rules of Men's Field Lacrosse
Officially Playing Rules**

Length of the game: Four quarters of 15 min with 2/4/2 min intervals

- Each team is allowed ONE timeout (90 sec) per half**
- No overtime for pool games**
- Overtime will only be played following any playoff game that remains a tie at the end of regulation. Teams will play 4-min sudden-death periods until the game is decided**
- No team timeouts are given during OT**
- Reminders: Mouth guards are now a mandatory piece of personal equipment**



WOMEN'S GAME

Rules: World Lacrosse 2022-2024 Women's Lacrosse Rules

Length of the game: Four quarters of 15 min with 2/4/2 min intervals

- Each team is allowed ONE timeout (90 sec) per half**
- No overtime for pool games**
- Overtime will only be played following any playoff game that remains a tie at the end of regulation. Teams will play 4-min sudden-death periods until the game is decided**
- No team timeouts are given during OT**
- Reminders: Goalies must wear mouth guard**



ACCOMODATIONS



NINA HOTEL ISLAND SOUTH

Location : 55 Wong Chuk
Hang Rd, Aberdeen

Room Type : Standard Twin

Room Rate : HKC\$1000 per night

Hotel website :

[https://www.ninahotelgroup.com/en/nina-hotel-island-south?](https://www.ninahotelgroup.com/en/nina-hotel-island-south?gad_source=1&gclid=CjwKCAiA75itBhA6EiwAkho9e4e1aB65UuUp9JsYT829WfoONBqzbHrYN6n6zrvrrS5YCkePsznEvxoCJMQQAvD_BwE&gclsrc=aw.ds)

[gad_source=1&gclid=CjwKCAiA75itBhA6EiwAkho9e4e1aB65UuUp9JsYT829WfoONBqzbHrYN6n6zrvrrS5YCkePsznEvxoCJMQQAvD_BwE&gclsrc=aw.ds](https://www.ninahotelgroup.com/en/nina-hotel-island-south?gad_source=1&gclid=CjwKCAiA75itBhA6EiwAkho9e4e1aB65UuUp9JsYT829WfoONBqzbHrYN6n6zrvrrS5YCkePsznEvxoCJMQQAvD_BwE&gclsrc=aw.ds)

Distance from Field :

Taxi : 10 mins

Capacity : 40 rooms (first come first served)



LE MERIDIEN

Hong Kong, Cyberport

Location : Cyberport, 100
Cyberport Rd, Pok Fu Lam

Room Type : Standard Twin

Room Rate : HKG\$1,656 per night

Hotel website :

<https://www.marriott.com/en-us/hotels/hkgmd-le-meridien-hong-kong-cyberport/overview/>

Distance from Field :

Taxi : 5 mins

Capacity : 40 rooms (first come first served)



REGISTRATION



MEN'S AND WOMEN'S REGISTRATION

- **HKLA will accept up to 6 men's teams and 8 women's teams. Payment of the full tournament fee is only required after teams are officially accepted.**
- **The total team fee for the Men's and Women's tournament is HK\$20,000. This fee is due by February 14th, 2024 for accepted teams.**
- **Registration and tournament fees can be paid by direct bank transfer or PayPal. Please email payment confirmation to hkopen@hklax.org under the subject line, "HKO Registration2024." In your email, please**
 - **provide the following information:**
 - **Team name**
 - **Skill level**
 - **Coach or captain's contact information**
 - **Whether your team will play in the men's or women's bracket**
 - **Player Roster Deadline - 14 March 2024**



YOUTH TOUTNAMENT REGISTRATION

- **The Youth tournament will take place on Saturday, 30 March and Sunday, 31 March, 2023. There will be U15/U12/U10/U8 age bracket only.**
- **U15 will play a modified sixes format base on the WL Olympic Sixes rules. Players should be 15 or under on the first day of the tournament. Teams should not exceed 15 players.**
- **U12/U10/U8 will play a modified 4v4 game with no goalies in a mixed gender format . The field will be 36*18m and players wear no equipment and play with mini sticks and soft balls. Teams should not exceed 12 players.**
- **The Youth tournament Participation fee is HK\$3000 and will be due before February 14th, 2024. This fee is non-refundable.**
- **Player Roster Deadline - 14 March 2024**



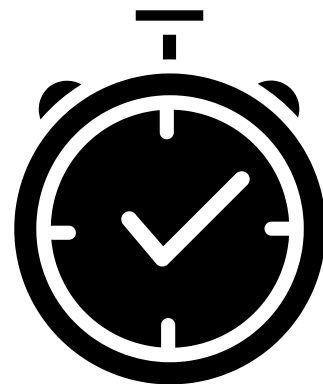
MARKETING



EVENT MARKETING

Social Media promotion (@hklacrosse) started in January 2024 in conjunction with the event announcement

Social Media Early February 2024



Social Media promotion (@hklacrosse) started in January in conjunction with the event announcement

Web Site is already Live!



The event landing page (<https://worldlacrosse.sport/hongkong2024>) is live and more content will be added in the coming months.

ADDITIONAL NOTES

Team Information

- **Please note that accepted teams will be asked to submit finalized team information before 14 March, 2024. This information will include: A full team roster with first and last names (and number), headshots of each player, a high quality team logo, and a short paragraph describing the origins of the team.**

Souvenirs

- **We encourage teams to prepare a small souvenir to exchange with opposing teams following each match.**



TOURNAMENT SOCIAL

- **HKLA invites all players and coaches to attend a tournament social on Sunday, 31 March, 2024. Additional details concerning the time and location of the dinner will be released as they are available. The dinner will be HK\$500 for those not listed on team rosters.**



TIMELINE

Action	Deadline
Men's/Women's/Youth Payment Deadline	14 February 2024
Roster Deadline	14 March 2024
Team Manager Meeting (by zoom)(Adult Division)	20 March 2024
Team Manager Meeting (by zoom)(Youth Division)	21 March 2024
Event date	29-31 March 2024

